

TIFERET PACKING LIST

When packing for your year at Tiferet, please keep in mind that from September until November the days can be very warm but the evenings are often cool. November through March can be cold and wet. Due to the warm climate, homes in Israel are not insulated like homes in North America and England. Therefore, we recommend bringing light clothing for the early fall and spring and preparing layered clothing for the winter months to wear both indoors and out. **We highly recommend that you do your best to not over-pack.** Please be aware that many top American brand names can be purchased in Israel for a small premium (for example: American shampoos and deodorants, Duracell, Kodak, Colgate, Always, etc...). A large selection of American foods and products are sold in all of the nearby grocery stores and supermarkets in Ramat Beit Shemesh.

Here is a suggested packing list:

Sweaters	Toiletries
Sweatshirts	Contact lens supplies
Sweatpants/Leggings (under skirts for Tiyulim)	Camera and film
Waterproof warm boots (for a rainy winter)	Flashdrive
Winter coat	Hiking shoes
Clothes hangers (there are none in the dorms)	Hiking skirts
Rain gear	Exercise clothing
Sleeping bag (optional)	Running Shoes
Sheets and pillowcases (2-3 sets)	Non-leather Shoes (for Yom Kippur)
Pillow	Small travel bag (for weekends)
Blanket	Shabbat clothing*
Pajamas (Summer and Winter)	Undergarments
Robe	Socks
Towels	Tights/stockings
Laundry bag	Flashlight
Hat/bandana (for tiyulim)	Notebooks
Sunscreen	Stainstick
Bathing Suits	Spending money**
Purell	Plug adapter

* Shabbat clothing in Israel tends to be somewhat less formal than in America, Canada or England. Please pack accordingly.

**Everyone's expenses are different. Settling-in at the beginning of the year is more costly than the rest of the year. One should always have a small amount of "emergency cash" on hand. A safe will be provided for your money and passport. The local money changers will cash our student's checks and there is an ATM for cash withdrawals.

- **Laptops, DVD Players and Video Ipods of every kind are absolutely forbidden in Tiferet. Please do not bring them as we will be forced to confiscate them.**
- **Please do not bring any expensive or valuable jewelry to Israel. We cannot ensure its safety in a dormitory setting.**

SEFARIM LIST:

- Siddur
- Tanach
- complete Mikra'ot Gedolot (2 or 3 volume set)
- Shmirat Shabbat K'hilchata
- Selichot and Machzorim

Other sefarim that you may need over the course of the year include:

- Mesilat Yesharim
- Derech Hashem
- Sefer Hachinuch
- Tefila Kehilchata

If you already own these sefarim, you may want to bring them so that you will not have to purchase a second copy in Israel.

Note: You can purchase these Sefarim during orientation through the school. A bookseller will be coming to the school on a regular basis.

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DRESS CODE – is strictly enforced, both inside and outside the school

All clothes must conform to the laws of tzniut/modesty. This includes:

- No tight or very fitted clothing
- No low-cut shirts; the neckline must reach the collarbone.
- Sleeves must reach and touch the elbows
- Skirts must cover the knees when sitting
- Slits must not begin above the knee, even when sitting
- Shirts must cover the midriff
- Men's tank-top undershirts are not allowed at all

For Kavod Hatorah, no flip-flops (even expensive ones) may be worn in the school building. Please bring appropriate footwear.

... Please help us avoid uncomfortable situations and only bring clothing that meets these standards.

Looking forward to a fantastic year,

Rav Azriel Rosner
Rav Elie Mayer
Mrs. Leba Schneider

